

Take the **YOUR**

Weight Matters Campaign Challenge



A National Health and Weight Awareness Campaign Challenging All Americans to Talk to their Doctor about their Weight

Visit:

www.yourweightmatters.org



We went to the doctor together to discuss our weight and health.

We know OUR Weight Matters.



I didn't know my weight was affecting my health until I talked to my doctor.

I know MY Weight Matters.



Our parents should help us by talking to our doctor about our weight. Being healthy means having a healthy weight.

Kids' Weight Matters.



A National Public Awareness Campaign Brought to You by the



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